

Cards halftime features breast cancer survivors

Six West Valley women are among 10 Cigna HealthCare of Arizona Inc. employees who will perform with the Arizona Cardinals cheerleaders at halftime of the game against the Washington Redskins on Sunday, Oct. 12.

October is Breast Cancer Awareness Month and the Cardinals and Cigna are working together to educate the community about breast health and the importance of preventative screenings. The West Valley women participating are:



Bernadette Fish

» Bernadette Fish of Avondale, licensed practical nurse for Cigna Medical Group C.J. Harris Multi-Specialty Center. Fish found a lump in her breast in May 2013. Two weeks later she found out she and her husband were expecting their first grandchild. At the end of radiation in September 2013, they found out they were going to be grandparents again. She said finding out she was having grandchildren was the best motivation.



Heather Jaeger

» Heather Jaeger of Glendale, Cigna Medical Group clinical pharmacy manager. Jaeger found a lump during a breast self-exam that was not found on her annual mammogram. She had a lumpectomy and lymph node dissection July 31, 2013. She completed chemotherapy in December 2013 and radiation in February. It is a long, difficult journey, and Jaeger said she finds focusing on each day rather than looking too far down the road helps her to cope.

» Krista Sullivan of Glendale, wellness coach for the Cigna Lifestyle Management Program. Sullivan was diagnosed with cancer in her left breast in 2002 at age 31. In 2006, she was diagnosed with breast cancer in the right breast and had a second mastectomy and reconstructive surgery. She and her husband



Krista Sullivan

did not have children yet, so they started the process of getting licensed to adopt, and on Jan. 30, 2014, (Krista's birthday), they met the 6-year-old girl they have been praying for and hope to adopt in the near future.



Catherine Valtzski

» Catherine Valtzski of Glendale, licensed practical nurse at Cigna Medical Group Sun City Multi-Specialty Center. After a lumpectomy and lymph node dissection in November 2008, she started 16 treatments of chemotherapy in January 2009 followed by 32 treatments of radiation. She has been in remission for five years.



Estelita Arce

» Estelita Arce of Tolleson, medical administrative associate at Cigna Medical Group Sun City Multi-Specialty Center. Arce was diagnosed in November 2010. She started chemotherapy treatment in February 2011 and then received radiation therapy. She enjoys helping other women who are going through treatment for breast cancer. She said her faith, family and co-workers helped her through her journey. Arce is going on four years in remission.



Susan Goldsmith

» Susan Goldsmith of Tolleson, medical assistant for Cigna Medical Group Optometry Department. Goldsmith was diagnosed in June and is receiving treatment. Her husband served in the Army for 21 years and has been working in Afghanistan as a contractor since 2009. She has three children, one of whom will perform with her in the halftime show since her husband is overseas.

Notice of Hearing RAILROAD CROSSING UPGRADE UNION PACIFIC RAILROAD AT AVONDALE BLVD. NORTH OF MC85 IN AVONDALE, AZ

IN THE MATTER OF THE APPLICATION OF THE ARIZONA DEPARTMENT OF TRANSPORTATION TO UPGRADE AN EXISTING CROSSING OF THE UNION PACIFIC RAILROAD COMPANY AT AVONDALE BOULEVARD IN AVONDALE ARIZONA, USDOT NO. 741-799P. (DOCKET NO. RR-03639A-14-0315).

On August 27, 2014, the Arizona Department of Transportation ("ADOT") filed with the Arizona Corporation Commission ("Commission") an application for approval for the Union Pacific Railroad Company to upgrade an existing crossing at Avondale Boulevard in Avondale, Arizona at AAR/DOJ No. 74 1 - 799P.

The application is available for inspection during regular business hours at the Commission's offices, 1200 West Washington Street, Phoenix, Arizona, and on the internet via the Commission website (www.azcc.gov) using the e-docket function.

The Commission will hold a hearing on this matter commencing on December 3, 2014, at 10:00 a.m., at the Commission's offices, 1200 West Washington Street, Hearing Room No. 2, Phoenix, Arizona. Public comments will be taken on the first day of the hearing.

The law provides for an open public hearing at which, under appropriate circumstances, interested parties may intervene. Intervention shall be permitted to any person entitled by law to intervene and having a direct and substantial interest in the matter. Persons desiring to intervene must file a written motion to intervene with the Commission, which motion should be sent to Applicant or its counsel and to all parties of record, and which, at the minimum, shall contain the following:

1. The name, address, and telephone number of the proposed intervenor and of any party upon whom service of documents is to be made if different than the intervenor.
 2. A short statement of the proposed intervenor's interest in the proceeding (e.g., a customer of Railroad, a neighboring property owner, a crossing user, etc.).
 3. A statement certifying that a copy of the motion to intervene has been mailed to the Applicant or its counsel and to all parties of record in the case. The granting of motions to intervene shall be governed by A.A.C. R14-3-105, except that all motions to intervene must be filed on or before November 7, 2014. The granting of intervention, among other things, entitles a party to present sworn evidence at hearing and to cross-examine other witnesses. However, failure to intervene will not preclude any interested party from appearing at the hearing and making a statement on such person's own behalf.
- If you have any questions about this application, you may contact the Applicant at 602-712-7149. If you wish to file written comments on the application or want further information on intervention, you may write the Consumer Services Section of the Commission at 1200 West Washington Street, Phoenix, Arizona 85007, call 602-542-4251 or 1-800-222-7000, or appear at the hearing and make comment.
- The Commission does not discriminate on the basis of disability in admission to its public meetings. Persons with a disability may request a reasonable accommodation such as a sign language interpreter, as well as request this document in an alternative format, by contacting Shaylin Bernal, ADA Coordinator, voice phone number 602-542-3931, e-mail SABernal@azcc.gov. Requests should be made as early as possible to allow time to arrange the accommodations.



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